

The BETWEEN-US

Monthly Newsletter of the Greater Milwaukee Central Office, Inc.

Welcoming Newcomers and Aiding AA Groups in Our Community.

June 2011

[A Surprise in the Cemetery](#)

By: [Sandra K.](#) | [Alma, Arkansas](#)

A uncanny visit to Doctor Bob's grave site helps this member stay sober many years later

My first run at sobriety came in the late 1980's while living in Southern California. I was newly out of the Navy when my heart's desire pronounced me "alcoholic" and stipulated a relationship with me under one condition: sobriety. So, I complied, not because I thought I was an alcoholic, but because it was the quickest way to get what I wanted. Owing to a few nice bonuses like no hangovers, some wonderful new friends, and a little weight loss, I caught the disease and adopted an Alcoholics Anonymous meeting habit with only a slight understanding of the Steps and what it meant to begin an earnest journey of recovery from alcoholism.

With a few years of sober living under my belt, life continued to improve despite my mediocre efforts to change and I learned to speak the "AA" language. Also, I decided that as I was from Ohio, I ought to pay a visit to Dr. Bob's home in Akron. The next trip home to Columbus to visit my folks, I made the trip over to Akron for the day. Looking back, I can see so much sincerity mixed with a steep helping of false pride but I think my Higher Power used whatever means available to get me where I needed to be that day, and that day I needed to be in Akron, Ohio.

The Monday following my weekend arrival in Ohio, I made my first visit to Dr. Bob and Anne Smith's home in Akron. It was a quiet morning in the modest little neighborhood and I parked in front of the house and got out of my car. As I stepped onto the porch, not a soul was around and I tried the door thinking it might be locked and that AA might be "closed" for the day. I still had a lot to learn about Alcoholics Anonymous ... The door opened easily with a soft creak and I stepped inside to be greeted by a silver-haired man named Joe, who identified himself as the caretaker. He told me to make myself at home and invited me to sign the register. He went on to say I'd missed the big crowd over the weekend for Founder's Day when the house had drawn about two thousand visitors from the fellowship. I hadn't even known it was Founder's Day that weekend and I was a little relieved to have missed such a big crowd. Selfishly, I felt lucky to have the freedom to wander through the house all by myself,

As invited, I signed the register, printing as neatly as I could my first and last name and place of residence, and I headed up the stairs to start my lone tour. I had been upstairs in Dr. Bob and Anne's bedroom only a few minutes when I heard footsteps on the stairs and then a women's voice calling out my first and last name. As she stepped into the room with me she announced excitedly, "That's my name too!"

Now I thought, "Oh, that's nice, well there are plenty of women named "Sandra" in the world and here's another." But we didn't just share a first name -- we shared the same last name with only one exception, hers was her married name and mine was the name I'd had all my life. As it turned out, we seemed to be the only ones making the tour of the house that day following such a busy weekend, so Joe offered to drive us to the cemetery to visit Dr. Bob and Anne's grave site. After taking photographs together in the room in which we met, me, my namesake, and her boyfriend were driven to the cemetery to pay our respects to the co-founder of Alcoholics Anonymous and his wife.

Still marveling at the utter coincidence of two identically-named strangers arriving at Dr. Bob's house within minutes of one another, we joined Joe for the short ride over to the cemetery. Looking back, it didn't occur to me that Joe didn't seem worried about leaving the house to take us to the cemetery, it was as if we were the only visitors he'd expected that day. As he pulled the car to a stop in front of the Smith's burial site, Sandra and I climbed from the car only to be stopped stone-still in our tracks by what we were seeing. Neither of us needed to be hit with a two by four to get the message being delivered to us that day: There, directly in front of Dr. Bob and Anne's tombstone, was a family plot marked by a stone bearing a single surname: ours. No dates or other names indicated anyone had been buried there ... yet.

What was there to say? We were speechless and we could hardly believe our eyes. We both took photographs of the gravestone and returned to the house. After taking a few more photos of each other, we wished each other well and said our goodbyes. But the story is not over yet ...

After my visit to Akron, I returned to California, developed my pictures and shared the story of my coincidental meeting with my namesake. Once there, I stayed sober another few years but never reached my 7th birthday. After a couple years in relapse. I managed to regain some abstinence but did not return to the fellowship

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as I was then working on the East Coast in a job in which I was invested in protecting my anonymity and working long hours. My Big Book had long been put away but it still managed to make it into the moving boxes as a few more geographics took me to the Midwest and eventually to the Florida Keys. I've often been grateful that I attended a National Convention in my first few years of sobriety because it was there that I met Paul O., and he graciously signed my Big Book. If it hadn't been for that dedication on the inside cover I might have tossed it in a donation box and lost track of that precious book altogether. Also inside that Big Book, were the pictures of that fateful day in Akron, Ohio.

Living in the Florida Keys, and active in my alcoholism, I slid further down the scale, checking off boxes of 'yets' as I went. By this time, I was convinced I was an alcoholic but I wasn't yet convinced that my life was unmanageable enough to try sobriety again. However, I knew if I didn't get out of the Keys, I would soon be lost beyond return. Hence, I embarked on another move and pack out, this time to Arkansas where somehow my Big Book made it into the boxes one more time.

Alone in my new home in Arkansas with no one to face but myself, I continued to drink daily and began weighing my options and the odds of maintenance drinking versus getting sober, one more time. One day, I was upstairs unpacking some boxes when I opened a box and there at the bottom of the box was my Big Book. Well, I had no intention of opening it but as I was taking it from the box to put somewhere else out of sight, a picture came fluttering out and landed at my feet. It was the tombstone photograph I'd taken all those years earlier with nothing but my last name on it! Coincidence, I rationalized. I still needed to drink. I needed to sleep at night, didn't I? I had to have something to fight the boredom and loneliness didn't I? Maybe I could cut back I thought, but I knew I was "whistling in the graveyard," as they say. Like that tombstone photograph, all the color had been drained from my life by alcohol. Suddenly, a cold fear gripped me deep in my heart and soul -- what if I couldn't stop? Here I was taking for granted that I could just return to AA whenever I'd had enough and life would be restored in full color, once again. The problem was, there was never enough. It was then that I knew, this time I would not be able to do it on my own. I would have to return to Alcoholics Anonymous if I would have any chance at sobriety again. So within a week of my Big Book surfacing, I made the call to AA central office and went to my first meeting as humble as any newcomer has ever been.

Since my last return to Alcoholics Anonymous, I now know what God knew all those years ago. God knew I would need that miraculous day in Akron, Ohio along with the photograph to make that Twelve Step call on me that lonely day in the attic and wrench me free from the grips of a disease that meant to kill me.

I have just celebrated my fourth year of sobriety with much humility and gratitude. My sober life is a gift I pray I never again relinquish - one day at a time. Today, I have the privilege of sponsoring a young lady who recently made the trek to visit Dr. Bob's home in Akron, Ohio. While she was there she sent me a picture message from the grave site. There, in the same place, sat that fortuitous tombstone with my surname boldly engraved upon it, and still no other names have been added ... yet.

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[May 2014](#)

[My Town — Our Celebration](#)

[By: Gail L. | Akron, Ohio](#)

An old-timer shares how lucky she is that she got sober in Akron, Ohio

Just a couple of weeks after taking my last drink on May 13, 1978,

I found my way to my first Founders' Day celebration on the campus of Akron University. I was so impressed by the love and respect those in attendance showed for each other and the program that had saved their lives. The spirit of unity and cooperation I witnessed that June was a shining example of men and women who normally would not mix, as we say—former misfits and rowdy troublemakers co-existing together in harmony.

Getting sober in Akron, Ohio has allowed me to experience this wonderful event each June for many years. Thousands of grateful members are drawn to this three-day gathering from all over the world, and many come back year after year to join in celebrating Dr. Bob's last drink and the birth of Alcoholics Anonymous.

As a member of AA, I feel a special kinship to the many alcoholics there as we share our gratitude for our co-founders and their wives who devoted their lives to establishing our life-giving program. We feel like family. The Big Book states that among us there exists a common camaraderie of having escaped disaster together. Do we not find that same camaraderie and joy in celebrating our sobriety?

Today we are 79 years downstream from Bill W. and Dr. Bob's meeting in 1935. It was in 1945 that a few grateful members came together in Akron and Cleveland to celebrate Dr. Bob's last drink. This could be called the first Founders' Day when the Cleveland Central Committee sponsored a program to celebrate AA's 10th year birthday. Bill and Bob both spoke on that Saturday afternoon, and then raced down to Akron to speak that evening at a dinner held at the Mayflower Hotel, where Bill made that fateful call.

After Dr. Bob's death in 1950, Bill continued to attend Founders' Day and share each year, and following his death Lois was often in attendance. The celebration has grown over the years from that one-day event to become a combined weekend filled with Al-Anon, Alateen and AA meetings and activities. Over the years plays, alca-thons, old-timers panels, dances, memorial graveside services, sobriety countdowns and tours have been added. And this year, Grapevine will be joining us as they celebrate their 70th anniversary!

The weekend's Saturday night Big Meeting is now held in the University of Akron's outdoor football stadium, where there is a sobriety countdown with nearly 10,000 grateful sober members giving testimony to the fact that AA works. To me, it's a greater victory than any football game I've ever attended. A team victory over alcohol!

While Bob and Anne no longer reside at 855 Ardmore, and Bill and Lois are no longer with us physically, we continue in the spirit of hospitality to welcome home our AA family to the city on the hill where the spark was struck 79 years ago. I'm looking forward to this June's event where I can come together again with fellow alcoholics, as passengers on a shipwreck, grateful to have survived and excited to share our strength, experience and hope with each other—one Founders' Day at a time.

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May 2025 | Young and Sober | Fun in Sobriety

[Hitting the Road](#)

[By: Dave H. | Lincoln, Nebraska](#)

Don't need beer for this! Dave and Pat are having a blast checking off their bucket list. Next stop: GSO in New York City!

My wife Pat and I just returned home from a fabulous vacation where we got to cross two more items off our bucket list. We both love to travel, and the gift of sobriety has enabled us to wander.

I got sober in July of 1983 after personally acquainting myself with

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“pitiful and incomprehensible demoralization.” I thought for sure my life was over after I joined AA because I was never going to be able to drink again. No more fun. I was certain I would never again be able to dance to live music, snow ski, water ski, golf or fish, as all these activities required massive quantities of beer (and other things).

I also loved to travel and used to spend long weekends once or twice a year in the Rocky Mountains. I can’t tell you how overjoyed I was when my first sponsor explained to me that yes, I could still do all these things and more without drinking. I learned I could even attend what the Big Book calls “plain ordinary whoopee parties,” as well as Grateful Dead concerts! My sponsor even took me to my first sober concert. We had a blast dancing for three hours to Jerry and the rest of the Grateful Dead at the Red Rocks in Colorado.

In sobriety I became a certified scuba diver and traveled to 13 countries and logged more than 400 dives. When I was drinking, a big trip for me was a weekend in the mountains. Now a big trip is being gone more than a month or crossing the International Date Line.

My wife and I have been so blessed to attend AA meetings not only all over Nebraska, but across the United States and the world. Whenever and wherever Pat and I travel we always check to see where the AA meetings are and make plans to attend. Once after a meeting on the Caribbean island St. Lucia, some of the locals asked us to come to their house the next day (Christmas) to help celebrate their sponsor’s 25th sober anniversary. What a treat! It’s my belief that I have over two million friends in this wonderful Fellowship, but most of them I just haven’t met yet.

So this brings me to last week. Pat and I were visiting New York City for the first time. Stepping Stones, the historic home of Lois and Bill in Bedford Hills, New York has been on our bucket list for many years. And ever since I learned that you could visit our General Service Office (GSO) and see the Archives, we’ve wanted to check it out too. We got to go to Founders’ Day in Akron, Ohio many years ago and it was indeed a spiritual experience. For this small-town Nebraska boy, however, going to New York City to see GSO and the Archives department and then getting to attend the Friday morning AA meeting held there, I was literally overcome. What a wonderful feeling it was of being “home no matter where I am” when a member of the staff asked me to give the lead share for the meeting. What a day!

I want to thank everyone in attendance that Friday—I can’t name names but you all know who you are. Pat and I are forever in awe of your service and dedication to our beloved Fellowship. May God bless all of you at our GSO. Thanks for saving my life today—and every day.

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May 2022 | 60th Anniversary of the Concepts | Our Personal Stories

[How sweet the sound](#)

[By: Joseph F. | Budd Lake, N.J.](#)

Peter set out on a search for Dr. Bob’s house. Amazed, he ascended the stairs of the house up to the porch where he cried uncontrollably.

I was leading a literature meeting this past Saturday, and we were reading through the AA book Dr. Bob and the Good Oldtimers: A Biography, with Recollections of Early A.A. in the Midwest. Dur-

ing introductions at the meeting, a young man named Peter (not his real name) told the group he was visiting New Jersey from Chicago.

We read some of the book, and when we moved on to the discussion portion of the meeting I invited Peter to tell us about recovery in the Midwest. He began by saying that while he is now living in Chicago, he began his sober journey in Akron, Ohio, the hometown of our cofounder Dr. Bob.

Peter said that back when he was drinking in Akron, he would notice that in early June a proliferation of motorcycle riders would all of a sudden appear on his street. One day he couldn’t help but notice that among the riders was someone playing the sweet sounds of Amazing Grace on the bagpipes. At the time, Peter was not familiar with the annual rituals of Akron’s Founders Day.

Peter kept drinking and this led him to a suicide attempt. As a result of that attempt, he ended up in recovery where he learned about Dr. Bob and the June 10th festivities, the date of Dr Bob’s last drink and the birth of Alcoholics Anonymous. Peter set out on a search for Dr. Bob’s house. When he found it, he realized that it stood at the exact location on the street where he had tried to commit suicide. Amazed, Peter said he ascended the stairs of the house up to the porch where he cried uncontrollably, repeating over and over, “Thank you,” without quite knowing who or what he was thanking.

Before I closed the meeting, I suggested that Peter just might have been thanking the bagpipes for playing Amazing Grace, with its unforgettable words, “...how sweet the sound, that saved a wretch like me.”

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[July 2010](#)

[BIKES AND BAGPIPES](#)

[By: KELLY W. | Maumee, Ohio](#)

A rider in the annual Founders' Day motorcade finds new spirituality in Akron

FOUNDERS' Day comes once a year in the city of Akron, in the state of Ohio. I recently dedicated the first weekend in June to be there for the celebration of sobriety. And for me the best part was on Sunday, when a procession of motorcycles went to Dr. Bob's gravesite. Here there was such harmony, emotions, spiritual awareness and respect shown for Dr. Bob, but also for each other. We were held together through one common bond: alcoholism. People come from all over the world to take part in this celebration.

Last year, at 7:30 A.M., the roaring of motorcycles was all I could hear. Thousands of bikes--all different styles, models and colors--were lined up into four single file lines that took up the radius of one city block, near the University of Akron. The police blocked off the streets to provide safety for the motorcade and to prevent the bike procession from being broken up.

As the bikes proceeded to the cemetery, people on the sidewalks cheered for us. Some waved, some gave peace signs, and others held up signs with slogans on them. The best sign I saw was on a fluorescent orange posterboard. In large, bold, black marker lettering, it said, "Ain't it great to be sober?"

It was at that moment that my eyes began to water. As we approached the graveyard, the cemetery fence was lined with fellow alcoholics who cheered us on. I saw two of my close friends right at the gate and I just started bawling.

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At Dr. Bob's gravesite, bagpipers played "Amazing Grace." I closed my eyes to let the sound of the pipes and the voices of the crowd singing flow through my spirit. This meant so much to me. It reminded me of the person I once was, and where I was at that point of my life: "I once was lost but now I'm found; was blind but now I see." After the bagpipes came the Serenity Prayer, and then a eulogy to Dr. Bob, with a little of his own Twelve Step history. Next, everyone put a coin of recovery on the gravestone--paying our respects to one of the men who saved our lives by providing a program of recovery from a disease once considered hopeless.

As part of the Founders' Day celebration, Dr. Bob's home was opened to the public. People were able to gather inside the original house and sit at the same table where a Fellowship like no other began. To kneel beside the same bed that some of our first members kneeled at, to pray the prayer giving oneself to God, and to look at the original black-and-white photographs of our co-founders and the original members of Alcoholics Anonymous--there was nothing else like it! It was amazing that everything in the house was left as it was. I could picture myself there with them so long ago. It was almost as if I were right there with them.

Although Dr. Bob is deceased, harmony and unity are maintained through the principles he helped to pass on. This celebration that I, and so many others, came to see and experience helps to keep his memory alive. He lives through the rest of us. Dr. Bob and Bill W. have taught millions how to live a better way of life. Our Fellowship continues to grow, bringing hope to people every day. These men gave freely of themselves to maintain their own sobriety. This is where the slogan "Give it away to keep it" came from. We alcoholics have a common bond, which brings so many types of people together who normally would not mix. Love, unity, tolerance, service to others, and recovery are our codes.

I always get more inspiration, spiritual awareness and new perspectives each Founders' Day than the year before, as I join my "family" to celebrate sobriety. This year I cried tears of gratitude with a feeling of purpose as I entered the cemetery. This is another reminder for myself, and many others why we must stay on the path of recovery. I also cried tears of sadness for a friend I had lost to this disease, a friend who helped save my life at my first Founders' Day. I go to Founders' Day every year as spiritual maintenance, which is contingent to my personal recovery. I go to pay my respects to one of the men who made my life different. I go to take part in a great celebration of life, death, and most importantly--recovery!

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June 1993

Bursting the Babble

By: Harry F. | Campbellton, New Brunswick

After three years in AA without a drink, I realized that my sobriety had a disturbingly hollow ring to it. Staying sober on fear wasn't good enough anymore; having friends and enjoying the Fellowship was great, but could only take me so far. I wanted recovery and real change, not just a cosmetic overhaul.

This awareness led me to some of the most frustrating days I had ever had sober, as I realized what had happened: I had fallen into the trap of psychobabble. I took too literally the slang saying that "AA is a selfish program." Soon I had no time to help other alcoholics because I was "working on myself." I never considered that helping others would be a way of helping myself. Any thoughts of giving to receive were pushed aside as I worked on "my pro-

gram." It wasn't until a group of us began a Step meeting, and agreed to use only Conference-approved literature, that I began to see our Twelve Steps as a truly spiritual program. The Steps don't require the constant updating and changing that the psychological methods do. I have heard speakers relate how they put their name first on their Eighth Step list and how they "forgave themselves" and that they now "feel good about themselves." I can't find any such thing in AA literature.

Just recently I listened to a tape made of a speaker at Founders Day in Akron in 1985. The speaker spoke of his concern for what he called the "me and my program" approach--seeing it as a sort of loner apparatus and a perpetuation of the same self-centeredness that got us in trouble in the first place. I agree with that speaker and today I am thankful that I had the Big Book and the "Twelve and Twelve" and AA friends to help me out of that trap.

The speaker in Akron summed up his concern by saying "If this program ever gets bigger than one drunk helping another drunk, it will start to lose its value."

The humility I received after Step Five and Step Seven led to compassion and the more I tried to help other alcoholics, the more the compassion grew. As I practice these principles in all my affairs, the compassion is leading to love. The psychobabble tells us that everything is okay if we "feel good about ourselves." Well, maybe that's good enough for some people but today I prefer a spiritual experience.

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July 2000

The Courage to Come Back

By: Randy K. | Dallas, Texas

This AA found himself at Dr. Bob's doorstep.

I had sobered up early in life, at nineteen in fact, and made a lot of friends in the Fellowship of Alcoholics Anonymous. But after my tenth year of sobriety, I began to pick up some of my old behavior patterns. I felt as if I had "beaten" the disease. I never even considered the possibility of a relapse, because I knew that it would never happen to me. After staying away from meetings, I began to forget all the things that I needed to be reminded of on a regular basis. I also stopped praying and meditating because I was much too busy in the mornings, rushing to work. Then one day, after twelve years of sobriety, it happened. I snapped at a person at work who was not acting the way I thought she should be acting. Then I decided to teach the world a lesson. I decided to go out and have a couple of beers.

I did go out and have those beers, and the alcohol did make me feel better, at least temporarily. When drinking became a regular habit, I convinced myself that since nothing bad had happened to me, I was not alcoholic after all.

My disease had other ideas. It wasn't long before the beer just wasn't doing the job fast enough; I ended up taking a bottle of bourbon home with me at night. I told myself that I had to drink at home so I wouldn't have to drive, but the real reason was that I was afraid of seeing a member of AA while I was intoxicated. I was being dictated to by three emotions: guilt, resentment, and fear. Selfish pride would not allow me to go back to AA and let everyone see what a failure I had been. I may not have taught the world a lesson, but I was beginning to learn a thing or two myself.

Then a funny thing happened. I was on a business trip to Akron, Ohio, and, of course, drinking to cope with the stress. One even-

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(*Courage: Continued from page 4*)

ing, after several rounds at a local sports bar, I got lost. I stopped at an intersection to collect my thoughts. Feeling very sick, I looked up and saw a house on the corner that looked strangely familiar. I knew I had seen this house somewhere before. It was only after I got out of my car and saw a banner for Founder's Day that I realized I was standing in front of Dr. Bob's home--drunker than ever. It was a humbling experience. After retrieving my glasses from Dr. Bob's azalea bushes (don't ask!), I got back into my car and headed for my hotel. I still had a few more bouts with alcohol, but it was becoming increasingly difficult to enjoy life dry, intoxicated, or anywhere in between.

A job promotion had prompted me to move from my hometown of Houston to Dallas. Soon after, I came down with double pneumonia. I've never felt so ill or so all alone in my life. In despair, I eased myself in my car one night and drove to a meeting of Alcoholics Anonymous. I did a lot of shaking those first couple of months. (While coming off booze and recovering from pneumonia one tends to shake a bit.) Everyone was so kind to me. Later, as I became stronger, I began to tell people about my relapse. For the first time in my life, I honestly and openly took the First Step. The idea that I could someday go back to normal drinking had been smashed once and for all. I am now slowly becoming more involved in AA. Through the grace of God, I will soon celebrate one year of continuous sobriety, resigned to the fact that I am an alcoholic and have no power over alcohol.

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June 1991

[Goosebumps, Guests and the Gate House](#)

[By: Cindy B. | Akron, Ohio](#)

When I was newly sober, I didn't know anything about Founders' Day here in Akron, Ohio. I had heard about it vaguely, but did not connect it in any way with my personal recovery and sobriety. All I knew when I started attending AA meetings was that the people there seemed to have a solution to my drinking problem, and they kept telling me to come back. I didn't understand why at the time, but I sure did keep coming back.

When I reflect on those early days in AA, I am in awe at how little I was able to comprehend beyond "don't drink today--this minute, or this hour." God was truly doing for me what I couldn't do for myself.

Living here in Akron, I had always just taken it for granted that this was where AA got its miraculous start. It was not a big deal that Dr. Bob lived right down the street from where I used to drink and party. It was not a big deal that the first AA meeting between Dr. Bob and Bill W. was right over at the Stan Hywet Gate House. So what! The Mayflower Hotel? I went right by that old hotel every time I went downtown. We had our high school prom there. It was like a museum full of marble and balconies.

Today, however, I get goosebumps thinking about the Stan Hywet Gate House--that first meeting of two drunks doing something, anything, to keep from taking that first drink, sharing each other's experience, strength, and hope. The Mayflower Hotel is still standing. I can cry just thinking about Dr. Bob's house. As a matter of fact, I usually do when I am there. I can feel something in the atmosphere at Dr. Bob's. Right in the kitchen, over a cup of coffee, or sitting on the porch, I can feel love. I would feel the same, I am sure, inside of Bill W.'s old home, too.

When I first started attending Founders' Day, I was blown away by the distances people were traveling. My mind was opened to

something bigger than anything I had ever experienced.

If you are new and live in Akron, Ohio, be prepared to be loved just because you know where The Gate House is, or how to get to King School or to Dr. Bob's old home. If you have a vehicle, pile some folks in there and show them some of the special places here. Share in our guests' goosebumps.

By staying sober, I am able to experience again and again the awe and gratitude first shared by Bill W. and Dr. Bob.

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June 1990

[In That Long Ago Time](#)

[By: Ellie B. | Miami, Florida](#)

Every year since I have been sober I have wanted to journey to Akron for Founder's Day. There has always been a reason that I couldn't be in attendance: job, family commitments, money, and so forth. This year a series of coincidences (I believe there are no coincidences, just God's plans) came about for me. It says in the Big Book, "beyond my wildest dreams," so here was another one of the promises coming to be.

Joan from Cleveland and Sean from Akron moved to Florida last year and joined our group. They were planning on being in Akron for Founder's Day on June 19. They talked about it for months in advance, then Sean asked me to go with him. I said, "I really can't afford to go." Later that evening, Sean called me and told me he could make arrangements for me to stay with a lady in the Fellowship. Then Joan and Sean started in on me. You have to come, they said. We all know what nags alcoholics can be. My husband, who is thirty years sober, had been to Akron many times in his sobriety. He told me, "Why not go with Sean and I'll buy you the ticket for our wedding anniversary present." Thus began my journey to our Fellowship's birthplace.

I was excited and a little apprehensive on the plane. I was going to stay with a woman I didn't know and I'd be basically on my own because Sean would be busy seeing old friends. The old fears of people, places, and things, the old anxieties and insecurities, tugged at a corner of my being. I asked God for help: "Don't let these ancient, all too well-known fears stop me from putting out my hand to meet new AA friends." God does for me what I could never do for myself. I became peaceful and calm, confident that a whole new experience could come to me, that I would hear and see things that would stay in my mind and heart forever.

Ellen and her family opened their arms and hearts to me. The next day I made my pilgrimage to Dr. Bob's house. I was in no way prepared for the overwhelming feelings of gratitude that engulfed me when I stepped across the threshold at 850 Ardmore Avenue. My arms were a mass of goose bumps. The tears ran down my face. I realized I would not be alive today were it not for Dr. Bob, Bill W., and the events that took place in Akron in that long ago time of June 1935. I am eleven and a half years sober so my hallucinations are long gone, but I could very clearly visualize Dr. Bob and Bill W. in that house. I felt their warmth all about me and the fellowship of the spirit. I realized I was a link in a chain of events and people which started with Ebby, Bill W., Dr. Bob and Bill D., for all of us in this wonderful Fellowship are links in a chain of sobriety which started in Akron, Ohio and now stretches around the world.

I am grateful to all the members of our Fellowship, especially those members who held my hand and prayed with me at Dr. Bob's gravesite, who like myself shed tears of joy for our chance at a second life. My heart is filled with gratitude to be a link in this God-given chain of sobriety.

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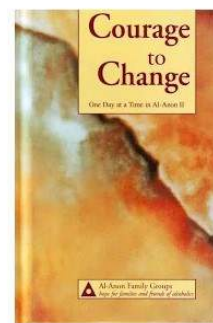
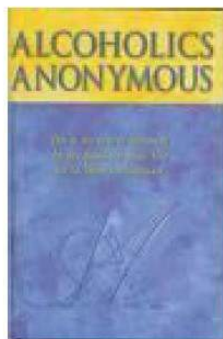
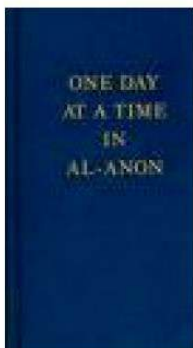


Friday Night Couples in Recovery

We are Back - EVERY Friday!

We welcome couples and singles interested in applying the 12 steps to both self and relationships!

We meet each Friday of the month beginning April 1st and would like couples or singles working any 12 step program to join us
At 7:30 pm



St. Pius Church
2520 N. Wauwatosa Ave. (76th St.)
Just north of North Ave.

[Click here for Map](#)

(Enter the building on Wauwatosa Ave. Turn Left & up the Stairs)

3 Bucks In The Basket... Make it a Reality, not just a dream!



“Every AA group ought to be fully self-supporting, declining outside contributions.” Tradition Seven, Twelve Steps and Twelve Traditions, Reprinted with permission AA World Services, Inc. [Seventh Tradition Checklist](#)

Use **VENMO** on your smartphone to contribute.

Or Contribute using **PayPal** or your **Credit Card** from our website.



venmo

MILW. CENTRAL OFFICE

- E-mail us at: dan@aamilwaukee.com
- Hours:
M - F 9 a.m. to 4:30 p.m.
Sat. 9 a.m. - 12 p.m.
- Board of Directors Meeting, in-person. Wednesday following 2nd Tuesday (odd months) 6:30 p.
- A. A. Meetings, Sun. at 9 a., Mon.- Fri. at 12:15 p., Sat. 9:15 a., & 10:30 a.
- Dist. 14 monthly meeting, 4th Wed. at 7 p.m.
- Dist. 16, monthly meeting 1st Thursday at 6:00 p.m.

Spanish Speaking Meetings: Meeting at English Speaking Clubs

- Pass It On Club, 6229 W. Forest Home Av, Milw. GRUPO 5 CONCEPTOS, 7:00 P.M. Saturdays, Upstairs. And Viajeros Wisconsin, 7:00 P.M. Saturdays, in lower level.
- GRUPO NUEVO AMANECER, Tri-County Unity Club, 104 N. First St, Watertown, on Tuesdays and Fridays at 7:00 PM and on Sunday at 11:00 AM
- GRUPO FE Y ESPRONZA, Gratitude Club, 295 Ruggles St. Fond du Lac WI on Wednesday at 7:00 PM and Sundays at 4:00 PM

SAFETY CARD FOR A.A. GROUPS

(The General Service Office has made this optional statement available as an A.A. service piece for those groups who wish to use it.)

Suggested Statement on Safety

Our group endeavors to provide a safe meeting place for all attendees and encourages each person here to contribute to fostering a secure and welcoming environment in which our meetings can take place. As our Traditions remind us, the formation and operation of an A.A. group resides with the group conscience. Therefore, we ask that group members and others refrain from any behavior which might compromise another person's safety.

Also, please take the precautions you feel are necessary to ensure your own personal safety, for example, walking to your car in a group after a meeting. If a situation should arise where someone feels their safety is in jeopardy, or the situation breaches the law, the individuals involved should take appropriate action. Calling the proper authorities does not go against any A.A. Traditions and is recommended when someone may have broken the law or endangered the safety of another person.

Service Material from the General Service Office

All the groups listed in our meeting directory, should be contributing regularly to the support of your Central Office. We want to be here when anyone reaches out for help. A big thank you to everyone, for all you do.

Need to make a group or personal contribution? Use our **CONTRIBUTE** button on our website: aamilwaukee.com or use our your **VENMO app** from your smartphone.

Meeting Space Currently Available

- **DryHootch, 4801 W National Ave.** Space available various time of day and evening. Call Otis W. [414-336-6576](tel:414-336-6576)
- **Luther Memorial Church**, 2840 S 84th St. West Allis WI. Contact by email: prviviane28@outlook.com
- **St Peter's Episcopal Church**, 7929 W Lincoln Ave, West Allis, Contact: Steve 414-543-6040 or email: christumc1@sbcglobal.net
- **Anchor Covenant Church** 1229 Park Row, Lake Geneva WI 53147, contact Laura, office@anchorcovenant.org

Redemptorist Retreat Cen-

ter, 1800 N Timber Trail Lane, Oconomowoc, WI 53066, (262) 567-6900 Email: rrc@redemptoristretreat.org Please call for information and schedule of retreats for recovering people. AA and AI-Anon, \$260 three nights. We discuss the 12 steps and related topics.

2026 Weekend Retreats

Jesuit Retreat House,

4800 Fahrwald Rd.

Oshkosh, WI.

WI 54901,

call 800-962-7330

jesuitretreathouse.org

Men and Women

in AA, AI-Anon

Total cost: 4 days \$440.00.

Send a \$75.00 deposit with requests for specific dates to retreat house or call for info.



Meeting Space Available to hold a weekly AA meeting that would be open to the public at this facility. We are located at **1706 S. 68th St. West Allis Wisconsin**. We have any evening open, and the times available would be between 3pm-8:00pm. If someone is interested in starting a group in our hospital my contact information is below. We are more than happy to provide coffee and snacks for this meeting.

Dan Gell, Chief Executive Officer: Office: 414-667-4813, Email: daniel.gell@uhsinc.com.

DISTRICT MEETINGS

CORRECTIONAL INSTITUTIONS

COMPLETE DISTRICT INFORMATION ON THE WEB:

<https://www.area75.org/page/districtmeetings>

1. Jackson, LaCrosse, Monroe, Vernon & Trempealeau; 2 & 18 Green Lake & Marquette Counties & part of Waushara; 7. Kenosha; 17. Racine County; 8 & 30 Rock County; 9. Crawford, Grant, Iowa and LaFayette; 19 & 37. Richland & Sauk; 20, 21 & 26 Dane; 31. Columbia County; 35. Green; 37. Juneau County.

(Check the web address above for meeting info.)

3. MANITOWOC & SHEBOYGAN CNTY'S: 3rd Wed. of month, 6:30 p., Even numbered months at 1907 Club, 2908 N. 21st St., Sheboygan. Odd numbered months: Alano Club, 404 S 29 St Manitowoc

6. WALWORTH CNTY: 2nd Tue. 7:30 p. odd numbered months only, Walworth Alano Club, 611 E. Walworth St., Delavan

10. Spanish District. Contact: Salvador G. at 414-446-0158. Meets 1st Sunday 5 p.m. 1663 S. 6th Street, Milw.

11. JEFFERSON CNTY: Meets last Wed. at 5:30 p.m. Moravian Church, 301 College St., Lake Mills, or Zoom: 817 4085 9820, Password: 665473

12. WASHINGTON CNTY: 1st Wed. of month, 6:00 p., the Jackson Community Center N165W20330 Hickory Ln., Jackson, WI. 53037

13. WAUKESHA CNTY: 2nd Sunday of month, 1:00 p, St. Matthias Church, 111 E. Main, Waukesha

14. MILWAUKEE CNTY: 4th Wed. of month, 7:00 p, Milwaukee Central Office 7429 W Greenfield Ave., West Allis WI 53214

16. MILWAUKEE CNTY: 1st Thursday of month, 6:00 p, Milw. Central Office, 7429 W Greenfield Ave. West Allis WI 53214

23. DODGE CNTY: Last Sunday of month at 6:00 p, Dodge Cnty Alano Club, 115 N. Lincoln, Beaver Dam, call to confirm 920-583-3142

24. OZAUKEE CNTY: 3rd Tue. of month, except December at 6:30 p., Grace 242 Church, 249 Main Street, Thiensville, WI 53092.

25. FOND du LAC CNTY: 2nd Tue. of month, 5:30 p., Gratitude Club, 295 Ruggles St., Fond du Lac, WI.

27. MILWAUKEE CNTY: 3rd Wednesday of month at 7:00 P.M., the Zoom ID number is [824 0616 9567](https://us02web.zoom.us/j/6870109941?pwd=YVl4SVQzU3FaSE1rc3dzVmtxdFM4QT09) the password is 869 916. Covenant Lutheran Church, 8121 W Hope Ave, Milwaukee, WI 53222.

28. MILWAUKEE CNTY: 2nd Thursday of month, 7:00 p, Prince of Peace Lutheran Church, 4419 S Howell Ave, Milwaukee WI 53207.

29. MILWAUKEE CNTY: 1st Mon. of month, 7:00 p, Luther Memorial Church, 2840 S 84th St., West Allis, WI 53227

32. & 33 WAUKESHA CNTY: 4th Tuesday of month, 6:30 p, Meeting ID: [321 751 3275](https://us02web.zoom.us/j/3217513275), Passcode: [323232](https://us02web.zoom.us/j/3217513275)

34. WAUKESHA CNTY: 1st Tues. of month, 6:30 p, Northwest Area Alano Association, N88W17658 Christman Rd., Menomonee Falls. Join online at: <https://us02web.zoom.us/j/6870109941?pwd=YVl4SVQzU3FaSE1rc3dzVmtxdFM4QT09>

36. RACINE/KENOSHA: 2nd Tuesday of the month 6:00 p.m., 12 & 12 Club, 482 S Pine St., Burlington

38. MILWAUKEE CNTY: Last Sunday of month 4:00 p.m. Milwaukee Group Meeting Room, 933 E Center St. Milwaukee WI 53212

SEND ADDITIONS AND CORRECTIONS TO:

7429 W. Greenfield Ave, West Allis, WI 53214, dan@aamilwaukee.com

[Area 75, Southern WI, Calendar of Events 2025](#)

[Madison Senior Center,](#)

[330 W Mifflin St, Madison WI.](#)

[9 A.M. to Noon except where noted.](#)

[Summer Service Assembly](#) – June 22, at the [Madison Senior Center](#)

[International Conference](#) – July 3-6, in [Vancouver, B.C., Canada](#)

[Fall Service Assembly](#) – September 14, at the [Madison Senior Center](#)

[Area 75 Fall Conference](#) – November 7-9, at [Ingleside Hotel, Pewaukee, WI](#)

In-person meetings have started back up in the Area corrections facilities. Contact Fred K., Area Corrections Chair by email; corrections@area75.org for information on days and times of meetings.

For meetings at Milwaukee Area Correction facilities contact: Andrew K. at 262-239-6528 or email: mcccoordinator@gmail.com

- TAYCHEDAH CORRECTIONAL, Fond du Lac, WI 54937
- OAK HILL CORRECTIONAL INSTITUTION: 5212 County Road M, Fitchburg, WI 53575
- WAUPUN CORRECTIONAL INSTITUTION, Waupun WI
- FOX LAKE CORRECTIONAL, Box #147, Fox Lake, WI 53933
- JEFFERSON COUNTY JAIL 411 S. Center St., Jefferson, WI,
- RACINE CORRECTIONAL INSTITUTION for MEN 2019 Wisconsin St, Sturtevant, WI 53177
- FEDERAL CORRECTIONAL Satellite Camp, Oxford, WI.
- THOMPSON FARM, RT. 2 DEERFIELD, WI.,
- ROBERT ELLSWORTH CORRECTIONAL, Union Grove, 53182
- KETTLE MORAINNE CORRECTIONAL., Forrest Dr., Plymouth,
- MILWAUKEE COUNTY HOUSE OF CORRECTION, 8885 S. 68th St. Franklin WI. Emily J. by Email: mcccoordinator@gmail.com
- MILWAUKEE COUNTY JAIL 9th & State Milwaukee WI. Emily J. by Email: mcccoordinator@gmail.com
- MILWAUKEE SECURE DETENTION, 1015 N. 10th St. Emily J. by Email: mcccoordinator@gmail.com.
- MILWAUKEE WOMEN'S CORRECTIONAL CENTER, 615 W Keefe Ave. Emily J. by Email: mcccoordinator@gmail.com

MILWAUKEE COUNTY CORRECTIONS COMMITTEE: meets IN-PERSON. Contact Andrew K. at 262-239-6528 or email: mcccoordinator@gmail.com for date and location. Donation can be sent to: MCCC, PO Box 270544, Milwaukee WI 53227-0544. Contact coordinator: Email: mcccoordinator@gmail.com with questions.

Corrections volunteers must go through the committee to get AA literature to take into the various facilities. Milwaukee Central Office no longer handles the funds.

ADDRESSES YOU MAY SOMEDAY WANT TO KNOW!

Milwaukee Central Office: 7429 W Greenfield Ave, West Allis, WI 53214 gmco@aamilwaukee.com

- **Area 75 Treasurer:** 6580 Monona Drive #1040, Monona, WI 53716
- General Service Office, P.O. Box 2407, James A Farley Station, New York, NY 10116-2407
- Area 75 Corrections@area75.org, Bridging the Gap/Treatment@area75.org or mail: 6580 Monona Drive #1062, Monona, WI 53716
- Area 75 Accessibilities Chairperson: accessibilities@area75.org
- **Southern Wisconsin Deaf Access Committee** : Email: milwareadeafaccess@gmail.com;

MEETING ROOMS

<p>NEW DAY CLUB 11936 N. Port Washington Rd Mequon, (262) 241-4673 www.newdayclub.org A.A. MEETING SCHEDULE</p> <p>Sun. 8:00 a. Topic 11:00 a. Topic 5:00 p. Young People 7:30 p. Topic</p> <p>Mon. 12:30 p. Tenth Step Gp 5:30 p. More about Alcoholism 8:15 p. Men's Gp</p> <p>Tue. 10:00 a. Topic 5:30 p. Big Book 8:00 p. Big Book Gp</p> <p>Wed. 10:00 a. Topic 2:00 p. Promises Meeting 5:30 p. Step Meeting 7:00 p. Women's Lifeline</p> <p>Thr. 10:00 a. Topic Meeting 1:00 p. Women's AA Gp 5:30 p. Topic Meeting</p> <p>Fri. 10:00 a. Topic Meeting 5:30 p. Step/Tradition</p> <p>Sat. 10:00 a. Step Meeting 5:00 p. Fellowship of Spirit 7:00 p. Feelings 10:00 p. Young People 7:00 p. Open Meeting (held on 3rd Saturday of month only)</p> <p>AL-ANON MEETINGS Monday 6:30 p. Al-Anon Tuesday 1:00 p. Al-Anon/ACOA Wednesday 7:00 p. ACOA Thursday 7:00 p. Al-Anon Contact club for information on other fellowships.</p>	<p>PASS IT ON CLUB 6229 W. Forest Home Ave Milwaukee WI (414) 541-6923 www.passitonclub.com A.A. MEETING SCHEDULE</p> <p>Sun. 8:00 a. Sun. Wake Up 9:30 a. Reliance Meeting 11:00 a. Today's choice 3:00 p. Gratitude Plus 7:00 p. Big Book Readers</p> <p>Mon. 7:30 a. Jump Start 10:30 a. First Step 4:00 p. Happy Hour Step Gp. 7:00 p. Open IntroductoryAA</p> <p>Tue. 7:30 a. Comin' Back Gp 10:30 a. Keep It Simple 4:00 p. Drop the Rock 6:00 p. Key To Sobriety Women's 7:30 p. Three Legacies 7:30 p. Double Trouble DD/O</p> <p>Wed. 7:30 a. Big Book Study 10:30 a. Pass It On 4:00 p. Happy Hr Promises 6:00 p. Courage to Change 7:00 p. We, Us & Ours</p> <p>Thr. 7:30 a. Welcome Back Gp 10:30 a. Made Decision 5:15 p. As Bill Sees It 7:00 p. Gateway Topic Gp</p> <p>Fri. 7:30 a. Honesty Gp. 10:30 a. Came To Believe 6:00 p. Women's Fri. Kickoff 6:30 p. Thoughts 4 Today 8:00 p. Broken Arrow 8:30 a. Early Bird 10:30 a. Happy Joyous Free 7:00 p. Vajeros Wisconsin lower level 7:00 p. 5 Conceptos upstairs 8:00 p. Back to Basics 12x12</p>	<p>LAKE AREA CLUB N60 W 35878 Lake Dr Oconomowoc, WI (262) 567-9912 www.lakeareaclub.com A.A. MEETING SCHEDULE</p> <p>Sun. 8:00 a. Early Bird 9:30 a. Literature Meeting 11:00 a. Friendship Gp 6:00 p. Big Book 8:00 p. Gopher Sunday 9:00 a. Positive Attitude 6:30 p. Otter Gp 8:00 p. Step/Tradition Study</p> <p>Mon. 1:00 p. 4:00 p. 7:00 p. Life House Beginners 8:00 a.</p> <p>Wed. 8:00 a. 10:00 a. Back To Basics 2:00 p. Women's Meeting 6:00 p. 8:00 p.</p> <p>Thr. 10:00 a. 4:00 p. 5:00 p. Woman's Way 12 Steps 6:00 p. Hybrid Meditation Mtng</p> <p>Zoom ID: 8923930536, PW: 999525</p> <p>Fri. 12:30 p. 4:00 p. 8:00 p. Old School House 10:00 a. Big Book</p> <p>OPEN AA/Al-Anon SPEAKER MEETING Sat. 7:00 p. 2nd & 4th Saturdays (AA and/or Al-Anon Speakers)</p> <p>AL-ANON MEETINGS Mon. 7:00 p. Al-Anon Tue. 9:00 a. Al-Anon Wed. 7:00 p. Al-Anon & Alateen</p>	<p>WAUKESHA ALANO CLUB 318 W. Broadway Waukesha, WI, 262-549-6541 http://www.alanoclubofwaukesha.com/ (IP)=In-person,</p> <p>Sun. 9:30 a. Sun Morn Sunlight (IP) 11:00 a. Sun Go-To-Mtng (IP)</p> <p>Mon. 12:00 p. (IP) 6:00 p. Beginners AA (IP) 7:00 p. (12 & 12) (IP)</p> <p>Tue.</p> <p>Wed. 12:00 p. Wed Nooners (IP) 5:30 p. Topic Gp (IP)</p> <p>Thr. 12:00 p. Nooners (IP)</p> <p>Fri. 12:00 p. T.G.I.F. Gp (IP)</p> <p>Sat. 6:00 a. Early Morning (IP) 10:00 a. Gp 124 (IP)</p> <p>OPEN MEETINGS, DANCES & EVENTS Call for information.</p>	<p>GALANO CLUB - LGBT & All in Recovery - 7210 W Greenfield Ave LL Milwaukee, WI 53214, 414-276-6936 http://www.galanoclub.org/ galanoclub@gmail.com</p> <p>(V)=Virtual, (IP)=In-person, (V & IP)=Both In Person and Phone Meetings Phone/Video AA Meetings, Call (978) 990-5195 Meeting Id: galano7210 Code: 1919178#</p> <p>Sunday: (V & IP) 10:30 a.m. - AA - Step / Topic Meeting (In-person/phone/video) 10:30 a.m. - Al-Anon - Papillion Group.</p> <p>Sunday: (V & IP) 4:00 p.m. - AA - Personal lead & Daily Reflections. Meeting (In-person/phone/video) 4th Sunday is Open Mtng.</p> <p>Monday: (V & IP) 7:30 p.m. - AA "Came to Believe" 12 Spirituality. (In-person/phone/video)</p> <p>Tuesday: (V & IP) 6:00 p.m. - AA Over and Under 40 Group (In-person/phone/video)</p> <p>Thursday: (V & IP) 7:30 p.m. - AA - Living Sober One Day at A Time In-person & Phone/video</p> <p>Friday: (V & IP) 10:30 a.m. AA Step & Topic</p>
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<p>NORTHWEST AREA ALANO ASSOCIATION* N88 W17658 Christman Rd Menomonee Falls WI 53051 (No Phone) Room 202 A.A. MEETING SCHEDULE (V)=Virtual, (IP)=In-person, (V & IP)=Both</p> <p>Sun. 10:00 a. Big Book Rm 202 7:00 p. Sun Night Gp Rm 202</p> <p>Mon. 7:00 p. Just Do It Gp Rm 202</p> <p>Tue. 10:00 a. Step 8:00 p. Topic</p> <p>Wed. 7:00 p. Step/Topic</p> <p>Thr. 10:00 a. Step 6:00 p. Women's</p> <p>Fri. 8:00 p. Step/Topic (V & IP)</p> <p>Sat. 10:00 a. Sat Serenity Gp 7:00 p. Simply Sober Gp Rm 202</p> <p>AL-ANON MEETINGS Wed. 7:00 p. Al-Anon Fri. 7:30 p. Al-Anon</p> <p>*This is a Smoke-Free environment. We have ample meeting space available for 12 Step groups. Contact the Northwest Alano Club by mail.</p>	<p>WALWORTH COUNTY ALANO CLUB 611 Walworth St. (Hwy. 50 & 11) Delavan, WI 53115, (262) 740-1888</p> <p>Sunday AA 10:00 a. Primitive Group 12:00 p. Open Speakers 6:30 p. Delavan Discussion</p> <p>Monday AA 7:30 a. Sunny Side Up 12:00 p. Delavan Step Meeting 6:30 p. Delavan Meeting</p> <p>Tuesday AA 7:30 a. Sunny Side Up 12:00 p. Delavan Noon Gp. 6:30 p. Delavan 12 Step Topic</p> <p>Wednesday AA 7:30 a. Sunny Side Up 12:00 p. As Bill Sees It Gp. 6:30 p. Delavan IT Meeting</p> <p>Thursday AA 7:30 a. Sunny Side Up 12:00 p. Delavan Noon Gp. 6:30 p. Delavan Big Book Gp.</p> <p>Friday AA 7:30 a. Sunny Side Up 12:00 p. Big Book Study 6:30 p. Delavan Discussion</p> <p>Saturday AA 7:30 a. Sunny Side Up 12:00 p. Delavan Noon Gp. 6:30 p. Delavan Beginners Gp.</p>	<p>ALANO CLUB 1521 N. Prospect Ave., Milwaukee, WI, 53202 (414) 278-9102 http://www.mkealanoclub.org/ A.A. MEETING SCHEDULE</p> <p>Sun. 7:00 a. AA Express Mtng 7:45 a. AA Big Book/Discussion 10:00 a. Gp 17 Step Mon. 7:00 a. Early Morning 10:30 a. Gp 72 Topic 12:15 p. Gp 76 Lunch Bunch 6:30 p. Gp 40 Big Book</p> <p>Tue. 7:00 a. As Bill Sees It, 10:30 a. Gp 70 Step 12:15 p. Gp 76 Lunch Bunch 5:45 p. Step Tue 5:45 Group 7:00 p. Beginner's Meeting</p> <p>Wed. 7:00 a. AA 10:30 a. Gp 9, Step 12:15 p. Gp 76 Lunch Bunch 6:00 p. Chicks at Six Gp, women, Child Care available 7:30 p. We Agnostics</p> <p>Thr. 7:00 a. Thr Express Mtng 10:30 a. Gp 97, Step 12:15 p. Gp 76 Lunch Bunch 7:00 p. AA (LGBT)</p> <p>Fri. 7:00 a. Daily Reflections 10:30 a. Gp 21, Step 12:15 p. Gp 76 Lunch Bunch 6:30 p. Here & Now Friendly Gp 7:30 p. Men's Zoom Mtng. 12:15 am. Second Shifters (Sat.)</p> <p>Sat. 7:00 a. AA Meeting 11:00 a. Gp 87 Step 7:30 p. Open AA Speaker</p> <p>AL-ANON MEETING Sunday 10:00 a. Al-Anon</p>	<p>H.O.W. TO CLUB 8930 W. National Ave, West Allis, (414) 543-2448 mailto:howtoclub8930@yahoo.com https://www.howtoclub.org Hours: 9am to 9pm daily.</p> <p>Sun. 8:00 a. Eye Opener AA Gp. 10:00 a. Grass Roots (Steps) 4:30 p. Drop the Rock 6/7 Step 6:00 p. Restore Us To Sanity 7:30 p. Sun. Sober & Serene</p> <p>Mon. 11:00 a. Winner's Circle 5:45 p. Gp 132, Women's Gp 7:00 p. Big Book Gp. 8:00 p. New Hope Gp. 10:30 P. What's the Point Gp.</p> <p>Tue. 11:00 a. Willingness Group 6:00 p. Tue Topic 6pm Gp 8:00 p. New Hope Meeting</p> <p>Wed. 10:00 a. Foundations Meeting 6:00 p. AA Beginners Gp. 7:00 p. Women's Freedom 8:00 p. Promises Group 10:00 P. After Hours Group</p> <p>Thr. 10:00 a. But For Grace Of God 6:00 p. Here and Now 8:00 p. How To Get It Going</p> <p>Fri. 6:00 a. Early Risers Big Book 11:00 a. Priority Group 6:00 p. Big Book Friday 8:00 p. R.U.S. For Us 11:00 p. Candlelight Promises</p> <p>Sat. 9:15 a. Men's Topic 11:00 a. Pioneers Group 3:00 p. Spiritual Growth 6:00 p. 1st & 12 Topic 8:00 p. Open Speaker 3rd Sat 8:00 p. HOW To Saturday</p>	<p>24 HOUR CLUB 153 Green Bay Rd. Thiensville, WI Web and Facebook Info A.A. MEETING SCHEDULE (V)=Virtual, (IP)=In-person, (V & IP)=Both</p> <p>Sun. 8:00 a. Topic 10:00 a. Step/Topic (V & IP) Meeting ID: 851 8190 6265 PW: District24</p> <p>Mon. 6:30 a. Topic (V & IP) Meeting ID: 851 8190 6265 PW: District24 10:00 a. Topic 8:00 p. Men's</p> <p>Tue. 6:30 a. Topic (V & IP) Meeting ID: 851 8190 6265 PW: District24 10:00 a. Step/Topic 5:30 p. Big Book</p> <p>Wed. 6:30 a. Topic (V & IP) Meeting ID: 851 8190 6265 PW: District24 10:00 a. Big Book</p> <p>Thr. 6:30 a. Topic (V & IP) Meeting ID: 851 8190 6265 PW: District24 10:00 a. Topic 5:30 p. Step/Topic/Trad</p> <p>Fri. 6:30 a. Topic (V & IP) Meeting ID: 851 8190 6265 PW: District24 10:00 a. Step/12 & 12 8:00 p. Step</p> <p>Sat. 6:30 a. Topic (V & IP) Meeting ID: 851 8190 6265 PW: District24 8:30 a. Big Book/Steps (V & IP) Meeting ID: 844 4566 9750 PW: District24 10:00 a. Big Book</p> <p>7:00 p. Open Speaker Mtng. (1st Saturday Only)</p>
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In Person AA Groups NEED YOUR SUPPORT

- **Sun. 7 p.m.** Waukesha Sunday Night Beginner's, Ascension Lutheran Church, 1415 Dopp St, Waukesha WI
- **Sun. 7 p.m.** Butler Sunday Night, St. Agnes, 12801 W Fairmount St, Butler WI.
- **Mon. 7 p.m.** Unity Gp, 4600 Pilgrim Rd, Brookfield, WI
- **Mon. 7 p.m.** Group 232, Mother of Good Counsel, 6924 W. Lisbon Ave, Milwaukee, WI 53226
- **Wed. 8:00 p.m.** Helping Hand, Nativity Lutheran Church, 6905 W Bluemound Rd, Milwaukee WI
- **Thurs. 8:00 p.m.** Grateful Gp. Chabad House, 3030 E Kenwood Blvd, Milwaukee, WI
- **Thurs. 8:30 p.m.** Gp 22, Milwaukee Chin Baptist Church, 1916 Wauwatosa Ave,
- **Fri. 9:30 p.m.** Big Book, Martin Luther Church 9235 W Bluemound Rd. Milw.
- **Sat. 8 p.m.** Gp 18, St Luke's, 3200 S Herman, Bay View, WI

MEETING ROOMS

<p>UNITY CLUB 1715 Creek Rd West Bend, (262) 338-3500 unityclub1715@att.net www.facebook.com</p> <p>AA MEETING SCHEDULE</p> <p>Sun. 10:30 a.* Gratitude Gp. 7:00 p. Candlelight Gp.</p> <p>Mon. 10:00 a. Monday A.M. 7:00 p. Men's 7:00 p. Women's</p> <p>Tue. 10:00 a. Tuesday A.M. 6:00 p. More About 12&12 7:30 p. Beginner's</p> <p>Wed. 10:00 a. Promises 1:06p. Steps/Promises 5:00 p. Happy Hour Gp</p> <p>Thr. 10:00 a. Big Book</p> <p>Fri. 10:00 a. Step/Topic Gp 6:00 p. Big Book</p> <p>Sat. 10:00 a. Here & Now 700 p. 12 Step Meeting</p> <p>AL-ANON & ALATEEN MTNGS</p> <p>Wednesday 1:00 p. Al-Anon Friday 11:00 a. Al-Anon Saturday 9:00 a. Al-Anon (Zoom only.) Mtng ID: 810 5054 8668, Pass Code: 860539</p> <ul style="list-style-type: none"> • Open Mtng. 3rd Sunday of month 	<p>FRIENDSHIP CLUB 2245 W. Fond du Lac Ave Milwaukee, WI (414) 931-7033</p> <p>Email: friendshipinc@sbcglobal.net</p> <p>AA MEETING SCHEDULE</p> <p>Sunday 10:00 a. Friendship 11:00 a. Third Sunday Open Meeting</p> <p>Monday 10:30 a. Step Gp</p> <p>Tuesday 7:00 p. Gp 43 Big Book</p> <p>Saturday 10:30 a. Gp 112 Step</p> <p>Call for information on other types f meetings.</p> <p>Email: friendshipinc@sbcglobal.net</p>	<p>TRI-COUNTY UNITY CLUB 110 S 2nd St. Watertown WI www.tricountyunityclub.com</p> <p>Sunday 11:00 a. Big Book Study 6:30 p. New Beginners 7:00 p. Spanish Nuevo Amanecer Monday 10:00 a. Eye Opener Grp. 7:00 p. As Bill Sees It Tuesday 7:00 p. Keep It Simple 7:00 p. Spanish Nuevo Amanecer Wednesday 10:00 a. New Freedom 7:00 p. AA Grapevine Open Mtng Thursday 10:00 a. Thur.Morning 7:00 p. Spanish Nuevo Amanecer 8:00 p. Big Book Group Friday 4:30 p. Friday Happy Hour 7:00 p. Reality Check Saturday 10:00 a. Morning Group 8:00 p. Saturday Night Open Mtng</p> <p>BEAVER DAM ALANO CLUB 115 N Lincoln St. Beaver Dam WI 53916 Sun: 10:30 a.m. & 7 p.m. Mon: 8 a.m., 6 p.m. & 8 p.m. Tue: 9:30 a.m. & 7:30 p.m. Wed: 8 a.m. & 7 p.m. Thur: 9:30 a.m. & 8 p.m. Fri: 12 Noon & 6 p.m. Sat : 12 Noon & 7 p.m. Open</p>	<p>MILWAUKEE GROUP 933 E Center St, Milw WI 53212.</p> <p>A.A. MEETINGS</p> <p>Sun. 10:00 a In-person 8:30 p. In-Person</p> <p>Mon. 5:30 p. In-Person 7:00 p. In-Person 8:30 p. In-Person</p> <p>Tue. 7:00 p. In-Person 8:30 p. In-Person</p> <p>Wed. 5:30 p. Zoom https://zoom.us/j/8974697046 pw:0 7:00 p. In-Person 8:30 p. In-Person</p> <p>Thur. 7:00 p. In-Person 8:30 p. In-Person</p> <p>Fri. 7:00 p. In-Person 8:30 p. In-Person 8:30 p. In-Person</p> <p>Sat. 8:30 p. In-Person</p> <p>Milwaukee Central Office 7429 W Greenfield West Allis WI 414-771-9119</p> <p>A.A. MEETINGS</p> <p>Sun. 9:00 a. Gp 10 Sunday</p> <p>Mon. 12:15 p.</p> <p>Tue. 12:15 p.</p> <p>Wed. 12:15 p.</p> <p>Thur. 12:15 p.</p> <p>Fri. 12:15 p.</p> <p>Sat. 9:15 a. 1st Step 10:30 a.</p> <p>We do not meet on major holidays.</p>	<p>LIGHTHOUSE ON DEWEY 1220 Dewey Ave. Wauwatosa WI</p> <p>AA MEETINGS</p> <p>Sunday 6:00 p. Jim's First Step 7:30 p. Gp 78 Great Room</p> <p>Monday 7:30 p. Laughs/Leisure</p> <p>Tuesday 6:00 p. 11th Step Meditation 7:30 p. Professionals</p> <p>Wednesday 7:30 p. Presidents Hall 8:00 p. "RES-IPSA"</p> <p>Thursday 7:30 p. Alumni No 12 Friday 7:15 p. Gp 74 Saturday 10:00 a. Gp 59</p> <p>All Saint's Cathedral 818 E Juneau Ave. Milw 53202</p> <p>Sun: 7:00 p.m. Bench Meeting Mon: 7:30 p.m. #08 Sane & Sober Tue: 10:30 a.m. Men's Gp. Wed: 7:30 p.m. Men's Gp. Fri: 7:30 p.m. Big Book Gp. Sat: 10:30 a.m. Men's Gp.</p>
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JOIN the BIRTHDAY CLUB!

We celebrate birthdays, and we'd like to help you celebrate yours! Send us a contribution of **\$1 for each year of Sobriety**- or more if you choose- and we'll print your birthday in the Between-Us Newsletter. Include your Home Group, and we'll print that also!

Requests should be in by the 24th of the month prior to your sobriety date. Late arrivals will appear the following month.

Just fill in the form below and mail, with your contribution, to:

Payable to: "Greater Milwaukee Central Office"
Memo: Birthday Club
7429 W Greenfield Ave
West Allis WI 53214



Payment/Contribution: using [VENMO](#) or from our website, using [Credit Card](#) or [PayPal](#).

\$ _____ enclosed.

I will have _____ years on _____ / _____ / _____

Name _____

Address _____

City _____ State _____ Zip _____

Phone: () _____ - _____

Email: _____

Home Group: _____



53 (6/04/72)	Bill G.	Wednesday Night Wisdom
34 (6/22/92)	Brad G.	Brown Deer Monday Night
51 (6/30/75)	Marge N.	
39 (6/05/87)	Richard G. R.	24 Hr Club Monday 10am
50 (6/23/76)	Ron K.	Group 23, Wednesday Night
42 (6/26/84)	Dan F.	



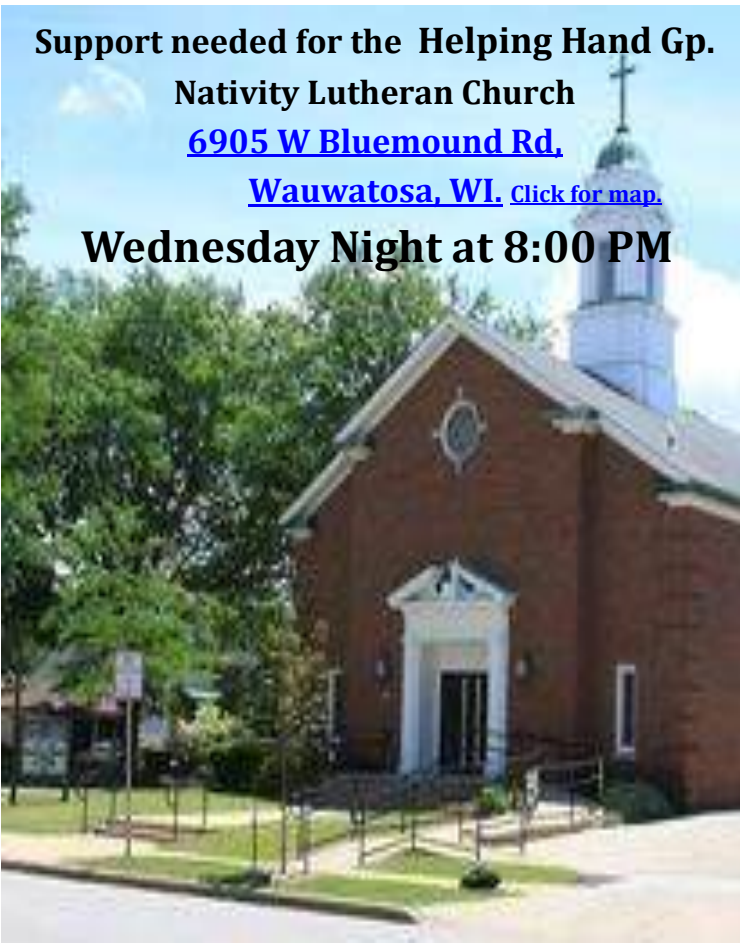
Support needed for the Helping Hand Gp.

Nativity Lutheran Church

[6905 W Bluemound Rd.](#)

[Wauwatosa, WI.](#) [Click for map.](#)

Wednesday Night at 8:00 PM



NEW WOMEN'S AA MEETING

GIRLS JUST WANNA HAVE FUN

Starts **Wednesday** December 4th

6:30 PM

Mt Olive Lutheran Church

211 Main St. Mukwonago

Enter through the South door from the parking lot



Financial News: Please remember our tradition of self-support. If you wish to contribute to the Central Office, you can now use [Venmo](#) from your smartphone.

[@MilwaukeeCentralOffice-AA](#)

...0785 are the last four digits of the phone number associated with the Venmo account. (You may be asked for these numbers)

If you don't use Venmo or PayPal, you can always come visit us at the Central Office or mail a check.

Use QR Code
To Contribute
Using
VENMO



NEW MEETING ANNOUNCEMENT

The Next Frontier: Emotional Sobriety

After we quit drinking, we face various challenges inherent in living sober. Bill Wilson identified that "dependency" was an impediment to our emotional sobriety and maturity. He realized that emotional dependency on people, places and things was the source of his emotional and mental distress, in fact he identified this as his basic flaw. This new meeting focuses on discussing issues relating to our emotional sobriety. We come together to explore ways we can overcome our emotional dependency and the unreasonable expectations and unenforceable rules that our dependency generates. *Are you ready for the next frontier?*

Join us Thursday nights for a closed discussion meeting on emotional sobriety.

When: Thursdays @ 7pm

Where: [St. John's Lutheran Church, 20275 Davidson Rd. Brookfield](#)

Area 75/District 16

PICNIC In The Park



SPEAKERS: LAURIE S, HOPE S, GARY V, & LISA P

JOIN US FOR FUN AND FELLOWSHIP!
BRATS AND BURGERS WILL BE PROVIDED
BRING A DISH TO PASS IF YOU WISH

SATURDAY

20

JUNE

[Greenfield Park, 2028 S 124th St.](#)

1 PM - 5 PM

PICNIC AREA 5

FUN

GAMES

FOOD

FELLOWSHIP